

# Global Psychotrauma Screen for Children (GPS-C)

6–10 years

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Participant  
Identification Number

Are you  a girl  a boy  prefer not to say

How old are you? \_\_\_\_\_ years

**Sometimes bad things happen to people that are very frightening or horrible.** Please answer the questions below **if** bad things happened to you.

**After the bad thing happened,** have anything bothered you in **the last month**? Please mark “**No**” if it did not bother you, or mark “**Yes**” if any of the things below bothered you:

- |    |   |                             |                              |
|----|---|-----------------------------|------------------------------|
| 1  | Have you thought a lot about it, or did it come back in very scary dreams?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 2  | Have you tried hard to stop thinking about it, or to get away from people, places, or anything that reminds you of what happened?               | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 3  | Have you been constantly looking around as if that bad thing was happening again, watching out for danger even when there was no reason for it? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 4  | Has it been it hard for you to feel or to do things, or to be with people like before?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 5  | Have you blamed yourself for what happened to you?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 6  | Have you felt bad about yourself, as if you are not important?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 7  | Have you felt so angry that you could not control what you say and do?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 8  | Have you been nervous or scared more than before?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 9  | Have you worried a lot and could not stop worrying?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 10 | Have you been sad or crying a lot, or have you thought that things will never get better for you?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 11 | Has it been hard for you to enjoy things or to have fun like before when doing things?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 12 | Has it been hard for you to fall asleep or to stay asleep without waking up at night?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| 13 | Have you tried to hurt yourself?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

14	Have you felt like you were in a dream while you were awake, or as if things around you were strange like in a dream?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
15	Have you felt like you are looking down on yourself from above, or like you are seeing your body from outside?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
16	Have other problems bothered you (for example, feeling sick, having any aches or pains, feeling lonely, or not getting along with your friends and other people)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes

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